

Plano ISD Partners with Southern Methodist University to Provide Family Counseling and Conflict Resolution

Plano ISD and Southern Methodist University (SMU) are joining together to provide counseling and mediation services to Plano ISD staff, students and their families beginning in September 2019. With a mission to deliver developmentally appropriate and culturally sensitive services to all clients, the clinic is located in the Cox Building located at 1517 H Ave., Plano, TX 75074.

Counseling Services – SMU Center for Family Counseling at Plano ISD

- Plano ISD staff, students and their family are eligible for services.
- The clinic is located in the Plano ISD Cox Building at 1517 H Ave., Plano, TX 75074.
- Hours of operation are Wednesdays and Thursdays 4 – 8 p.m. beginning September 4. For appointment, please call **469-752-3098** on or after September 4, or at any time to leave a voice message request for appointment.
- Counseling services are provided on a sliding fee scale (\$0-45 per session) based on income.
- Services are supervised by SMU full-time and adjunct faculty and provided by SMU counseling practicum and internship students.
- Services available:
 - Play therapy for children
 - Activity therapy for adolescents
 - Couples and families therapy for anxiety, depression, behavior difficulties (e.g., opposition defiance, aggression), grief and loss, peer relationships, stress, trauma and parenting.

Conflict Resolution Services – SMU Center for Dispute Resolution and Conflict Management at Plano ISD

- Plano ISD staff, students and their family, as well as community members with court-appointed mediation are eligible for services.
- The clinic is located in the Plano ISD Cox Building at 1517 H Ave., Plano, TX 75074.
- Hours of operation are Mondays through Fridays 10 a.m. – 4 p.m. beginning September 4. For appointment, call **214-768-5687**. Staff are available to respond to phone calls, requests for appointments and questions beginning September 4 and after Monday – Friday from 10 a.m.–4 p.m.
- There is an administration fee of \$100 per party. This fee is waived for Legal Aid clients and for Plano ISD staff, students and their families.
- Services are provided under the supervision of SMU dispute resolution faculty and co-facilitated by SMU dispute resolution students enrolled in practicum and provided by certified and trained volunteers.
- Services available:
 - Mediation
 - Arbitration
 - Conflict coaching